Scannez-moi
Scan mich
Escaneie-me

SELF-COLLECTION OF VAGINAL SAMPLE
RECOMMENDATIONS

Forname

Birthname

Surname

Date of birth

CNS N°

E-mail

Phone

For use by the laboratory only

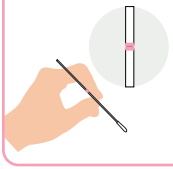
Sample collection

Date

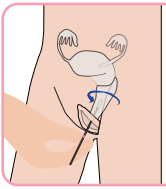
Time

01.
Wash your hands before you begin.

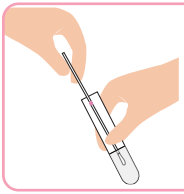
02.
Open the bag and take out the swab.
From this point on, do not place the swab on a surface and do not touch the cotton.



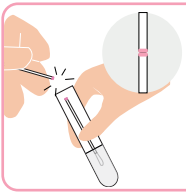
03.
Hold the swab as shown in the picture and stand or sit on the toilet, with your legs apart.



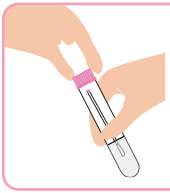
04.
Spread your lips and gently introduce the swab into your vagina over 3 to 5 cm.
Rub the sides of the vagina with the swab for 10 seconds.



05.
Unscrew the tube cap and insert the swab.
Do not remove the liquid in the tube!



06.
Break the stem of the swab by pressing the pre-formed breaking area (pink) against the wall of the tube.



07.
Put the cap back on the tube and **write your surname and forname**.
Complete the identification box at the top of this form.

Finding a BIONEXT centre

08.
Hand over the sample and form in one of our centres within the storage time indicated below.

SAMPLE STORAGE

+20°C

Max. 24 hours

Save time,
pre-register.

BIONEXT
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