





SEMEN COLLECTION RECOMMENDATIONS SEMEN COLLECTION




01.
Urinate **before** starting collection.




02.
Wash your hands carefully.




03.
Pull back the foreskin and clean the glans and penis with the disinfecting wipes provided.




04.
Open the sample container. Turn the cover over and place it on the table. Do not touch the inside of the cover or container.




05.
Collect the sample by masturbation. Collect all the ejaculated semen in the sterile container. (No use of condoms)



06.
Write your Surname and Forname on the sample.



07.
Report to the nurse when collection is complete or take the container to the laboratory within **two hours**.



08.
Any problems encountered during collection must be reported. Inform laboratory staff if collection is incomplete.



Finding a
BIONEXT centre



Save time,
pre-register.